



Attitude

noun [from the Italian *attitudine* - meaning disposition.] a way of acting or behaving that shows what one is thinking or feeling; state of mind.

*Watch your thoughts; they become words.
Watch your words; they become your actions.
Watch your actions; they become your habits.
Watch your habits; they become character.
Watch your character; it becomes your destiny.*

AUTHOR UNKNOWN

As he thinketh in his heart, so is he.

PROVERBS 23: 7



All that Adam had, all that Caesar could, you have and can do...build, therefore, your own world.

RALPH WALDO EMERSON

(1803-1882) American. Essayist, Poet, Philosopher

There have been and still are many great people in this world. But they are no greater than you.

You have what it takes to do incredible things. **GO FOR IT!**



Quotes for Kids...ATTITUDE Pg. 2

1. Name someone whom you admire.

2. Why do you admire him/her?

3. What good work habits or work ethic do you see in this person?

4. How can you use similar traits when you are working on a project or towards a goal?

All the world's a stage, and all the men and women in it are merely players. They have their exits and their entrances; and one man in his time plays many parts.

SHAKESPEARE

(1564-1616) English. Poet, Playwright



The world is a place to show what you can do.
We all have a place in it. It's the circle of life.
It never ends.

Quotes for Kids....ATTITUDE Pg. 4

Have you ever wondered how many different roles a person plays? The school nurse does her job at school, and she is also most likely a wife, mother and sister.

1. List 4 roles you have

2. Which roles are usually temporary?

(Playing on a specific team)

3. Which roles are permanent?

(Being a son or daughter)

4. How can a positive attitude make a difference in each role you play?

*You are not only good to yourself, but
the cause of goodness in others.*

SOCRATES
(470?-399? BC) *Greek. Philosopher*

If you are an OK basketball player and you start hanging around someone who plays better than you, you start to learn from watching. Your game will get better and better.

Don't stop here - pull the good stuff out of everyone who is around you! Be someone the other kids can learn from and look up to. Kids need good examples. They are watching!

Children have more need of models than of critics.

JOSEPH JOUBERT
(1754-1824) *French. Moralist*

Quotes for Kids....ATTITUDE Pg. 4

Have you ever wondered if something that you've said or done has helped someone else to make a good choice or to do the right thing?

1. List some good deeds/things that you have done in the last two days.
(Did you open a door for anyone?)

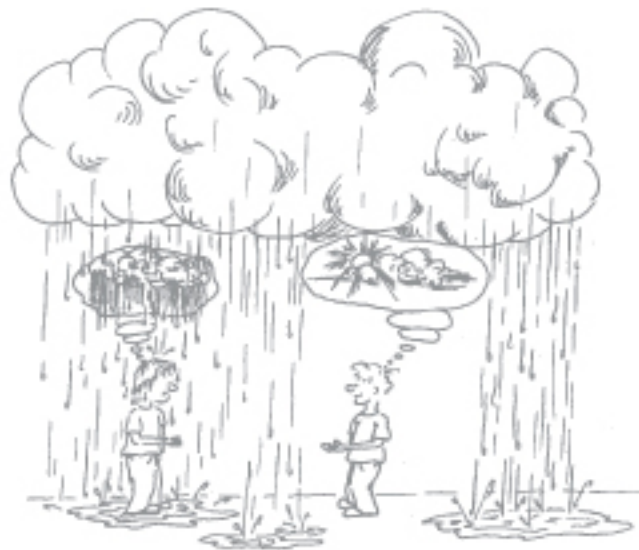
2. Who may have been watching?

3. Think about and then describe what he/she has learned just by watching you!

Nothing on earth can stop the man with the right mental attitude from achieving his goals; nothing on earth can help the man with the wrong mental attitude.

W.W. ZIEGE
(unavailable)

Have you heard people say, "You are what you eat?" Well I'll bet you haven't heard this one, "You are what you think." You will become what you think about, so keep the good thoughts in your head and the bad ones out. That's what it's all about! (Kinda like the hokie pokie.)



1. Pick one of your goals. (If you don't have any, now is a good time to choose one.)

2. List some ways people show a bad attitude.

3. List some things people do that show a good attitude.

4. How can the wrong mental attitude prevent you from achieving your goal?

5. How can the right mental attitude help you to achieve your goal?

Name _____

Date _____

Looking For The Positive

We all have the ability to have a good attitude (see the positive side) or a bad attitude (see the negative side). Turn this page upside down, and when you see a princess that's when you're seeing the positive side.



When you change the way you see things or think about someone, it's called a paradigm (parə dim) shift. Have you ever met someone that at first you thought was not a nice person, but after you got to know him you saw that he was really a good person? Maybe you were afraid of bugs, but when you studied about them in science class you realized how important they are to our environment. Try to be open minded, and try to see the other side of things.